

Personal Effectiveness for Teachers

Would you like to enhance your ability to get the job done effectively?

Are teachers at your school chasing their tail, worrying about the things they're not getting done? Are they feeling stressed and overwhelmed at work? Do people want more and more of them in less time? **WE CAN HELP!**

This is a dynamic workshop that assists teachers to simplify priorities and enhance their ability to focus and get the job done. We offer strategies that will enable them to create some new habits, boost effectiveness and productivity, reduce stress levels and increase job satisfaction, strategies that will empower them to be more of the teacher they want to be.

If you always do what you've always done, you'll always get what you've always got! If what you're doing isn't working, try something else! **Here's the something else!**

This workshop covers:

- seizing the day: attitude and how to get it
- bringing down the barriers
- from dystress to eustress
- working smarter not harder
- the challenge of change
- tasks and timelines
- dealing with difficulties
- the right things at the right times for the right reasons
- getting going to where you want to be

**The sooner you do this workshop,
the sooner you'll get the results you want!**

Prices vary depending on the number of participants, travel required and duration of the workshop.

Please call Inspirational Coaching to discuss your school's specific needs and create a learning experience they won't forget.